



shepherd's center

OF ANNANDALE SPRINGFIELD

THE SHEPHERD'S CALL

SEPT/OCT 2021

SCAS Oktoberfest



Oktoberfest fun is Saturday, October 2nd! Hear German music from the Kings Park Concert Band.

Feast on home made German food.

Cost: \$20 per person

Join us at the Timberman Masonic Lodge 6911 Columbia Pike in Annandale. Music and food from 11:30 am to 1:00 pm.

BYOB and SCAS will supply the set ups.

Should be fully vaccinated and present your COVID-19 Vaccination Record Card for admittance. To Register: Call the SCAS office at (703) 941-1419 by Monday, September 27th or send an email to shepherd-scas@vacoxmail.com. **Send Check To:** SCAS, 7610 Newcastle Drive, Annandale, VA 22003. **The event is catered so pre-payment is required.**

Seeking Office Director Position

SCAS has an opening for a part-time Office Director which is a paid position. Hours: 9:30 am—1:00 pm Monday through Friday.

For more information please call the office. A Job Description will be emailed to you or you can view it on our website.

Oktoberfest

On October 12, 1810, King Ludwig, of Germany married Princess Therese. The citizens of Munich were invited to attend festivities to celebrate the marriage which included horse racing, parades, and festivals. This became a yearly event and in the year 1892, the first beer was introduced at booths selling Beer and Bratwurst. The event now draws millions. Parades with costumes of lederhosen and dirndl started in 1895.

Lunch N' Life



Our second in-person Lunch N' Life was a huge success at United Baptist Church, 7100 Columbia Pike.

The audience listened to Art Hildebrand play acoustic guitar. And as an added pleasant surprise—he sang. He had a great mix of music from folk music, blues, jazz, and some real oldies from the past. Find Art around town in his trio “The Back Ally Blues” band.

Thanks to the people who worked to set up and clean up on Thursday. Thanks to Barry Uhlig who made the tasty BBQ chicken sandwiches, fruit soup, and potato salad. Thank you to Rev. Pam Moyer who said the prayer and welcomed everyone to the United Baptist Church. And a big Thank You to Art Hildebrand. He made our day a very relaxing and pleasant one.

Amazon Smile



Shop at Amazon and donate to SCAS at the same time. Amazon will donate a percentage of your purchases to SCAS.

Visit smile.amazon.com, Sign in with the same account you use for Amazon.com, Select your charity (SCAS).

Tip: Add a bookmark to make it easier to shop at smile.amazon.com.

VET Connect

The recently launched VET Connect will help to recruit Veteran volunteer drivers to help Veterans get to medical appointments. SCAS is proud to announce that we are part of this initiative.

Calling all VET's— do you want to driver you fellow VET's where they need to go? Many no longer drive and rely on non-profits like SCAS, friends, and relatives. To be part of this new service call our office.

Annandale Parade



The Annandale parade is set for Oct. 23rd— so save the date

During previous parades, members of the Annandale High School marching band wore Halloween costumes.

After skipping a year due to the COVID pandemic, the Annandale Parade will be back in 2021. The parade will start at 10 a.m., the Annandale Chamber of Commerce announced.

The parade starts on Columbia Pike at the historic white church and ends up at the Bowlero bowling alley on Markham Street.

Life Long Learning For Seniors

The Lifetime Learning Institute of Northern Virginia (LLI/NOVA) invites you to participate in its exciting classes for fall term 2021. LLI/NOVA is open to seniors age 50+ who love to learn. Classes are typically a single event and last 90 minutes. By joining LLI/NOVA at \$110 per year, it's one of the best bargains around - a full year of unlimited classes, monthly Forums, parties, field trips, and Special Interest Groups, plus access to travel at special rates. Come and make friends with others who share common interests. For more information go to www.llinova.org

Reunion Music Society (RMS)

Would you like to help RMS meet its mission of community service through music by volunteering your expertise in business or the arts?

Contact Ralph Brooker,
RMS President, ralph@satprof.com.

Save the Date: A Triumphant Return NOVA Symphony Orchestra Fall 2021 Concert, 11/13/21 @ 4:00 pm - 6:00 pm, Schlesinger Hall.

Check reunionmusicsociety.org for updates.

The Shepherd's Center of Annandale Springfield (SCAS)

SCAS is a non-profit interfaith organization sponsored by area congregations and community groups to serve and enrich seniors 50 & older in the Annandale, Springfield, and sections of Alexandria, VA. Since 2004, SCAS has been providing programs for transportation, socialization and learning for senior adults.

Definition of a Volunteer

vol·un·teer; noun

a person who freely offers to take part in an enterprise or undertake a task.



Volunteer Opportunities with SCAS

Do you have a few hours a month you can spare to help SCAS as a volunteer?

Lunch N' Life committee—help set up and clean, locate LNL speakers and plan fun events.

Board Members—help guide SCAS.

Outreach—contact churches and businesses.

Fundraiser/grant writer—help raise funds

Drivers—volunteer transportation services are always needed.

Call the SCAS office today to begin giving back.

Northern Virginia Senior Olympics

The 39th season of the Northern Virginia Senior Olympics is almost here.

Local seniors will have an opportunity to compete in more than 50 events, including solving crossword puzzles and table tennis when the competition returns Sept. 18-30.

Festivities kick off with an opening ceremony on Saturday, Sept. 18, at 9:30 a.m., at the Thomas Jefferson Community Center, 2501 S. 2nd St., Arlington.

For more info go to <https://nvso.us/>

Thank you Drivers!!

A big shout out to our volunteer drivers—thank you for all your drives to get our seniors to doctors, pharmacies, vaccines, physical therapy, and food banks during Covid times.

Fairfax County Pre-notification 911 Program

Pre-notification 911 programs allow people to upload behavioral health information, pre-existing medical conditions, allergies, memory impairments, disabilities, emergency contacts and more into a voluntary database. The information will be associated with one's phone number. When 911 is dialed from their number, first responders will be informed of needs or challenges that they will encounter before arriving at the scene of an emergency.

To learn more and to enter information, go to: <https://www.fairfaxcounty.gov/911/emergency-health-profile>.

FALL

I have always loved fall, it's a season of beauty, quiet and calm. I love the cooler days and the leaves gently falling, the sounds of school buses going by and children's voices on the playground. Last year was a hard fall as everyone struggled with how we were going to cope with children learning from home and families being together All the time. But somehow we made it through and for the most part I have heard some great comments about the time to bond more as a family. This year it may be harder for the children to go off to school whether it is kindergarten or college because they will face a separation they didn't have last year. To all the parents and children out there, you will be stronger than ever. To all the grandparents whether you are near or far from you children and grands, be sure to send them a word of encouragement for the year. Austine E.

Thank You for Your Support

We realize that much of our work would not be possible without your generous & dedicated support. We would like to let you know how much we recognize and appreciate your continuing contributions.

Donate IRA Funds to SCAS

If you are 70 1/2 and above and are required to take your RMD you can rollover IRA funds as a donation. Retirees can give up to \$100,000 to charity tax-free from an IRA anytime during the year and have it count as their required minimum distribution for the year. The money isn't included in your adjusted gross income.

Ask your IRA administrator and SCAS about making a direct transfer, or you can have the IRA administrator send a check from your account to SCAS.

Quote of the Month:

"If opportunity doesn't knock, build a door."

By Milton Berle

Cars for SCAS! Donate Your Vehicle!



Help SCAS by calling 1-855-500-RIDE (7433) to pick up your car for free. Running or not, all kinds of vehicle sale proceeds will benefit SCAS. Get that old car, motorcycle, boat, out of your driveway or garage.

Free credit report

It's time to check your credit report. With so much fraud going on with Covid, now is a good time to make sure your credit is accurate in a safe way.

How?

Visit AnnualCreditReport.com.

or

Call 1-877-322-8228.



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Newsletter by Email!

Please send us your email address so we can save paper, printing, and mailing costs. Get the news faster and in color by email.

If you do not wish to receive this newsletter, please let us know.

HERE'S WHAT PAT SAWHNEY CAN DO FOR YOU:

- GETTING YOUR HOME ORGANIZED & RENOVATED AS NEEDED
- GUIDANCE ON WHAT TYPES OF HOUSING FOR DOWNSIZING
- UNIQUE MARKETING FOR BEST PRICE AND TERMS
- NEGOTIATING AND ADVOCATING FOR YOUR BEST INTERESTS

I HAVE OVER 45 YEARS EXPERIENCE AND AM A "SENIOR REAL ESTATE SPECIALIST" WITH MANY SATISFIED CLIENTS! I LOOK FORWARD TO WORKING WITH YOU OR THOSE WHO YOU REFER TO ME!



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Visit Us on Facebook

Office hours 10-1 Mon-Fri



Proud member of the Annandale Chamber of Commerce



SCAS supports the transportation initiatives of Fairfax County's 50+ Community Action Plan. Find out more at fairfaxcounty.gov/OlderAdults.

OFFICE VOLUNTEERS/STAFF

Tony Wonkovich
Diane Levesque
Daphne Van Tiem
Margo Bendery

SUPPORTING CHURCHES

- Annandale United Methodist Church
- Capital Baptist Church
- First Presbyterian Church of Annandale
- Grace Presbyterian Church
- Holy Spirit Catholic Church
- Hope Lutheran Church
- Little River Church of Christ
- Mount Pleasant Baptist Church
- Ravensworth Baptist Church
- Parkwood Baptist Church
- Prince of Peace Lutheran Church
- St. Alban's Episcopal Church
- St. Barnabas Episcopal Church
- St. Mark's Lutheran Church
- St. Matthews United Methodist Church
- Sleepy Hollow United Methodist Church
- United Baptist Church

BOARD OF DIRECTORS

- Barbara Gatorian, Chair
- Martha Lowe, Vice Chair
- Margo Bendery, Treasurer
- Gail Fewell, Assistant Treasurer
- Dick Stewart, Fred Chatelain
- Dolores Vestrich, Nellie Al-Saigh
- Nancy DeVera, Pat Sawhney
- Tom Eversole

SUPPORTING ORGANIZATIONS

- AARP
- ACCA
- Annandale Women's Club
- Ar Rahman Foundation
- Arden Courts Memory Care Community
- Assisting Hands Home Care
- Brightview Senior Living—Woodburn
- Fairfax Agency on Aging
- NV Rides
- Right At Home
- Serving Together
- Silver Dragon Studio
- Shepherd's Center of America