



# shepherd's center

OF ANNANDALE SPRINGFIELD

THE SHEPHERD'S CALL

MAY/JUNE 2022

## **SCAS Lunch N' Life/Volunteer Appreciation Luncheon**

Presents

The Nighthawks Swing Band

Thursday, May 26, 2022

11:30 am—1:15 pm



Join us to hear some great music, enjoy lunch, and help us honor our volunteers. All are welcome. Open to the public.

### **St. Mark's Lutheran Church**

5800 Backlick Rd, Springfield, VA 22150

Cost is \$10 per person. Free to volunteers.

**To Register:** Call the office at 703-941-1419 by Tuesday, May 23rd or send an email to [shepherdscas@vacoxmail.com](mailto:shepherdscas@vacoxmail.com).

**Send Check To:** SCAS, 7610 Newcastle Drive, Annandale, VA 22003.

**The event is catered so pre-payment is required.**

## **eAsset Solutions**

Help save the earth—recycle!



eAsset Solutions provide recycling solutions for all computer equipment and other electronic assets.

They accept nearly all electronics of any age: working or non-working. See the accepted materials list on <https://www.eassetsolutions.com/accepted.php>. Some articles have a small fee for recycling.

427 N Maple Avenue, Falls Church, VA 22046

M-F 10am - 5pm and Saturday 11am - 3pm

Call (888) 832-5865 for more information.

## **Home Repair Program for Elderly and Disabled Adults**



Fairfax County provides minor home repairs and/or accessibility modifications to eligible low- and moderate-income senior citizens and individuals with disabilities.

Information about this free program for eligible applicants is available at the Fairfax County Department of Housing and Community Development website at [www.fairfaxcounty.gov/housing/home-repair-elderly-program](http://www.fairfaxcounty.gov/housing/home-repair-elderly-program), or call 703-246-5179.

## **SCAS Lunch N' Life**

Presents

Linda George singing Broadway Classics



Join us to hear great music and enjoy lunch on

**June 23rd**

At St. Alban's Episcopal Church

6800 Columbia Pike, Annandale, VA 22003

11:30 am—1:00 pm

Cost is \$10 per person. All are welcome.

**To Register:** Call the office at 703-941-1419 by Monday, June 20th or send an email to [shepherdscas@vacoxmail.com](mailto:shepherdscas@vacoxmail.com).

## **Amazon Smile**



Shop at Amazon and donate to SCAS at the same time. Amazon will donate a percentage of your purchases to SCAS.

Visit [smile.amazon.com](https://smile.amazon.com), Sign in with the same account you use for Amazon.com, Select your charity (SCAS).

Tip: Add a bookmark to make it easier to shop at [smile.amazon.com](https://smile.amazon.com).

## ***Second Saturday Art Walk May 2022***

Saturday, May 14, 2022  
6:00 PM - 7:00 pm free

Visit the Workhouse Monthly Featured Artists. All campus studio buildings will be open from 6pm - 9pm and the talented artists there will be thrilled to chat about their works and processes.

Galleries, gift shop and [Lucy Burns Museum](#) are open extended hours.

9518 Workhouse Way, Lorton, VA

Visit the website for more interesting entertainment information:

<https://www.workhousearts.org/calendar>

## ***Find COVID-19 Vaccines***

Need help finding a COVID-19 vaccine in the U.S.? Call 1-800-232-0233 (TTY 1-888-720-7489) For other vaccination sites, search your ZIP code at [www.vaccines.gov](http://www.vaccines.gov).

Second boosters of the COVID-19 vaccine are now available at some Giant Food pharmacies. Those eligible for a second booster dose are people 50 or older and individuals who are moderately to severely immunocompromised.

The second booster can be given at least four months after the first booster of a Pfizer, Moderna or Johnson & Johnson vaccine. [Eligibility for a second booster](#) had been recommended by the Centers of Disease Control and Prevention (CDC). It is based on increased risk of severe illness in eligible groups, including people over the age of 50 with multiple underlying conditions. Visit a Giant pharmacy by walk-in or appointment.

Bring vaccination card and driver's license or other proof of ID.

## ***FPCPD Safety Series Returns***

The Fairfax County Police Department, Mason District Police Station, will re-new its commitment to safety by continuing its monthly Safety Series in May.

For more information, contact MPO Evan Dicker at [FPCDCPO@FairfaxCounty.gov](mailto:FPCDCPO@FairfaxCounty.gov).

## ***The Shepherd's Center of Annandale Springfield (SCAS)***

SCAS is a non-profit interfaith organization sponsored by area congregations and community groups to serve and enrich seniors 50 and older in Annandale, Springfield, and sections of Alexandria, VA. Since 2004, SCAS has been providing programs for transportation, socialization and learning for senior adults.

## ***Definition of a Volunteer***

**vol·un·teer; noun**

a person who freely offers to take part in an enterprise or undertake a task.



## ***Volunteer Opportunities with SCAS***

Do you have a few hours a month you can spare to help SCAS as a volunteer?

**Lunch N' Life committee**—help set up and clean up, locate LNL speakers and plan fun events

**Board Members**—help guide SCAS

**Outreach**—contact churches and businesses.

**Fundraiser/grant writer**— help raise funds

**Drivers**—volunteer transportation services

**Office Volunteer**— Needed for alternate Thursdays 10 am—1 pm

*Call the SCAS office today to begin giving back.*

## ***Georgetown Canal Boat Tours***

For the first time in a decade, C&O Canal boat tours return to Georgetown.

Opened in 1831, the C&O Canal operated for nearly 100 years but closed in 2011.

Beginning April 29 through October, one-hour guided historical tours will be offered Wednesday — Sunday. Canal boat tickets can be purchased at the Georgetown Heritage website or at the box office in the Mule Yard, located next to the C&O Canal National Historical Park's Georgetown Visitor Center. <https://www.nps.gov/choh/index.htm>

## ***Friendly Callers***

If you would like to make a new friend or just check in on someone to make sure they are ok, just call our office and register.



## Church of Jesus Christ of Latter-day Saints



A rare look inside for the public, only the second time in history since it was dedicated in 1974, will be held April 28 through June 11 at 990 Stoneybrook Dr. Kensington, MD.

Latter-Day Saints leaders share the significance of the DC Temple opening to the public from 9 am to 9 pm except Sundays.

While non-members can visit the grounds of the DC Temple and its visitor center, the upcoming open house will allow visitors to see the inside of the DC Temple. To reserve tickets and learn more about the DC Temple, visit [dctemple.org](http://dctemple.org).

The open house will be followed by a free temple rededication concert at 7 p.m. June 11 at the Annandale Stake Center, 3900 Howard St., Annandale, Virginia, and at 7 p.m. June 12 at the Stake Center, 10000 Stoneybrook Drive, Kensington, Maryland. To reserve open house tickets and find out more, visit [dctemple.org/open-house](http://dctemple.org/open-house).

## Thank You for Your Support

We realize that much of our work would not be possible without your generous and dedicated support. We would like to let you know how much we recognize and appreciate your continuing contributions.

## Document shredding in Mason District

### Save the date

Saturday, August 13, 2022.

While you are doing your taxes, get rid of old documents. For a schedule of document shredding events in Fairfax County, including a list of accepted and prohibited items, visit [www.fairfaxcounty.gov/publicworks/recycling-trash/document-shredding](http://www.fairfaxcounty.gov/publicworks/recycling-trash/document-shredding), or call 703-324-5230

## Occoquan Riverfest and Craft Show



June 4th and 5th-Rain or shine  
10 am to 5 pm. Free at the gate. Shuttle fee \$5 from parking.

Live concerts, Beer and wine garden, water activities, artisans and crafters.

314 Mill St, Occoquan Historic District, VA 22125  
(703) 491-2168

## ACCA Food Pantry



Food Pantry Needs Bags!  
Because of the increased need for emergency food supplies, ACCA will continue to collect donations on Tuesday - Friday from 1 - 5 p.m. Drop off donations at the food pantry located at 7200 Columbia Pike (trailer separate from the day care center) in Annandale.

They really need bags, especially paper bags and reusable shopping bags because they are good for the heavier items like cans and frozen meats. The pantry goes through 300-400 bags a week.

Please share with your friends and neighbors.  
For more information or to help at the pantry, contact [pantry@accacares.org](mailto:pantry@accacares.org).

## Cars for SCAS! Donate Your Vehicle!



Help SCAS by calling 1-855-500-RIDE (7433) to pick up your car for free. All vehicle sale proceeds will benefit SCAS. Get that old car, motorcycle, boat, out of your driveway or garage, running or not.



PAT SAWHNEY  
RE/MAX 100

703.395.9214  
PATSAWHNEY42@GMAIL.COM  
SEE MY VIDEO: GETMOVINGWITHPAT.COM



## Newsletter by Email!

Please send us your email address so we can save paper, printing, and mailing costs. Get the news faster and in color by email.

If you do not wish to receive this newsletter, please let us know.

### HERE'S WHAT PAT SAWHNEY CAN DO FOR YOU:

- GETTING YOUR HOME ORGANIZED & RENOVATED AS NEEDED
- GUIDANCE ON WHAT TYPES OF HOUSING FOR DOWNSIZING
- UNIQUE MARKETING FOR BEST PRICE AND TERMS
- NEGOTIATING AND ADVOCATING FOR YOUR BEST INTERESTS

I HAVE OVER 45 YEARS EXPERIENCE AND AM A "SENIOR REAL ESTATE SPECIALIST" WITH MANY SATISFIED CLIENTS! I LOOK FORWARD TO WORKING WITH YOU OR THOSE WHO YOU REFER TO ME!

## Quote of the Month:

About getting older: Eventually you will reach a point when you stop lying about your age and start bragging about it.  
Will Rogers



7610 Newcastle Drive  
Annandale, VA 22003

ADDRESS SERVICE REQUESTED

Non-Profit Org  
US Postage Paid  
Permit No. 7264  
Merrifield, VA

**Email Address:**

shepherdsas@vacoxmail.com

**Website:**

www.shepherdscenter-annandale.org

**Telephone: 703-941-1419**

**Visit Us on Facebook**

**Office hours 10-1 Mon-Fri**



Proud member of the Annandale Chamber of Commerce



SCAS supports the transportation initiatives of Fairfax County's 50+ Community Action Plan. Find out more at [fairfaxcounty.gov/OlderAdults](http://fairfaxcounty.gov/OlderAdults).

**OFFICE VOLUNTEERS/STAFF**

Tony Wonkovich  
Diane Levesque  
Margo Bendery  
Ted Gatorian

Beth Barnes

**SUPPORTING CHURCHES**

- Annandale United Methodist Church
- Bethlehem Lutheran Church
- Capital Baptist Church
- First Presbyterian Church of Annandale
- Grace Presbyterian Church
- Holy Spirit Catholic Church
- Hope Lutheran Church
- Little River Church of Christ
- Mount Pleasant Baptist Church
- Ravensworth Baptist Church
- Parkwood Baptist Church
- Prince of Peace Lutheran Church
- St. Alban's Episcopal Church
- St. Barnabas Episcopal Church
- St. Mark's Lutheran Church
- St. Matthews United Methodist Church
- United Baptist Church

**BOARD OF DIRECTORS**

- Barbara Gatorian, Chair
- Margo Bendery, Treasurer
- Gail Fewell, Assistant Treasurer
- Dick Stewart,
- Fred Chatelain
- Dolores Vestrich, Nellie Al-Saigh
- Nancy DeVera, Pat Sawhney
- Tom Eversole

**SUPPORTING ORGANIZATIONS**

- AARP
- ACCA
- Annandale Women's Club
- Ar Rahman Foundation
- Arden Courts Memory Care Community
- Assisting Hands Home Care
- Brightview Senior Living—Woodburn
- Fairfax Agency on Aging
- NV Rides
- Right At Home
- Serving Together
- Silver Dragon Studio
- Shepherd's Center of America