



shepherd's center

OF ANNANDALE SPRINGFIELD

THE SHEPHERD'S CALL

MARCH/APRIL 2023

SCAS March Lunch N' Life

**Thursday, March 30, 2023
11:30 am—1:00 pm**

Join us to hear Harvey Jacobson play American Artists on the grand piano. He will play jazz tunes from "Zez" Confrey and Scott Joplin.

First Presbyterian Church of Annandale
7610 Newcastle Dr, Annandale, VA
Activities Building is on the right side.

Cost of lunch and entertainment is \$13 per person. Open to the public. All are welcome.

To Register: Call the office at 703-941-1419 by Monday, March 27th or send an email to shepherdscas@vacoxmail.com.

Send Check To: SCAS, 7610 Newcastle Drive, Annandale, VA 22003.

The event is catered so pre-payment is required.

Please bring non-perishable food for the ACCA Food Pantry.

SCAS April Lunch N' Life

**Thursday, April 27, 2023
11:30 am—1:00 pm**

Join us to hear Vicki Burman from the Annandale Chamber of Commerce speak on "Annandale Then and Now".

St. Barnabas Episcopal Church
4801 Ravensworth Rd, Annandale, VA 22003
Hall is on the left side of the building.

Cost of lunch and entertainment is \$10 per person. Open to the public. All are welcome.

To Register: Call the office at 703-941-1419 by Monday, April 24th or send an email to shepherdscas@vacoxmail.com.

Send Check To: SCAS, 7610 Newcastle Drive, Annandale, VA 22003.

The event is catered so pre-payment is required.

Please bring non-perishable food for the ACCA Food Pantry.

Springfield Town Center Blossom Fest

Join Springfield Town Center for their inaugural Blossom Fest

Saturday, April 1st 11 AM – 5 PM
in the parking lot outside of the Main Entrance near Restaurant Row (Near Yard House & Maggiano's).

This free family-friendly event allows you to stroll through the dozens of fun exhibitors outdoors at your leisure while enjoying various spring activities including a Build-Your-Own-Blossom with LEGO Discovery Center, live music, entertainment, and kid's activities.

Springfield Town Center, 6500 Springfield Mall
Springfield, VA 22150,
(703) 971-3738

Art Blooms at Mosaic

Mosaic welcomes spring with a free two-day festival in partnership with the national cherry blossom festival.

April 1, 2023 - April 2, 2023 11:00 AM to 6:00 PM

2910 District Avenue, Fairfax, VA 22031

Festival highlights:

- URBNmarket: A unique market of 90 handmade and vintage vendors
- FRESHFARM Farmers Market: more than 50 local vendors serving fresh produce and snacks
- Family/kids: a variety of activities for the whole family, selfie stations, a 'Glamour Tent' by Vienna Singing Princesses offering face painting and hair braiding,
- Live music on the big and small stages

SCAS February and March Lunch N' Life Luncheons

January 2023

You missed the perfect gentle yet comprehensive work out with Inna Landes, a Certified Personal Trainer and yoga teacher. She showed us some at home moves to stay healthy in 2023 and beyond.

United Baptist Church in Annandale had the perfect hall for our workout. Thank you Pastor Pam Moyer for the use of the hall. Thank you everyone who helped set up and clean up.

SCAS February Lunch N' Life

February 2023

Peggy Newhall played wonderful African Spiritu-als on the grand piano.

St. Alban's Episcopal Church in Annandale, VA hosted the event in their beautiful hall. Thank you for the use of the hall and the help Carlos gave us to set up and clean up.

Thank you Barry Uhlig for making the lunch on both occasions! You always get compliments!

The NOVA Symphony Orchestra Spring 2023 Classical Concert

**Thursday, April 27, 2023,
8:00 p.m.,**

Schlesinger Concert Hall,
4915 Netherton Dr, Alexandria, VA 22302

PROGRAM:

Aaron Copland. *Fanfare for the Common Man.*
Pyotr Ilyich Tchaikovsky. *Symphony No. 2 in C minor, Op. 1 and other works.*

TICKETS for the Spring 2023 Classical Concert will be available at the door or in advance from any member of the orchestra.

General Admission – \$20.00
Non-NOVA Students – \$15.00
NOVA Students and Children 12 and under – Free



The Shepherd's Center of Annandale Springfield (SCAS)

SCAS is a non-profit interfaith organization sponsored by area congregations and community groups to serve and enrich seniors 50 and older in Annandale, Springfield, and sections of Alexandria, VA. Since 2004, SCAS has been providing programs for transportation, socialization and learning for senior adults.

Volunteer Opportunities with SCAS

Do you have a few hours a month you can spare to help SCAS as a volunteer?

Lunch N' Life committee—help set up and clean up, locate LNL speakers and plan fun events

Board Members—help guide SCAS

Outreach—liaise with churches and businesses

Fundraiser/grant writer— help raise funds

Drivers—volunteer transportation services

Office Volunteer— Needed for alternate Thursdays 10 am—1 pm

Call the SCAS office today to begin giving back.

Office Manager Needed for SCAS -We have an opening for a paid position for Office Manager. Hours are Monday through Friday 10 am to 1 pm.

Salary: \$15-\$18 per hour commensurate with education and experience. See the Job Description on our web site. Call 703-941-1419 for details.

Inova Hospitals Urgently Need Blood Donations

Recent increases in trauma cases are depleting blood supplies at Inova hospitals. The most-needed blood is Type-O for which currently there is less than a two-day supply. To make a blood donation, schedule an appointment online at www.inovablood.org, or call 866-256-6372. Donors also may walk-in to one of Inova's local donor centers. For a donor center near you, visit www.inovablood.org/donate-blood/where-can-i-donate/. You may save a life!!

Friendly Callers

If you would like to get a call or call to check in on someone to make sure they are ok, sign up. Call our office and register.



Taste of Annandale April 29, 2023



The annual Taste of Annandale, a family-friendly street festival on Tom Davis Drive, is aimed at encouraging community engagement, celebrating Annandale's diversity, and shining a spotlight on local restaurants and businesses. Food vendors, nonfood vendors, breweries, music and dance groups will be there.

The Taste of Annandale is a showcase for performers that represent the diverse cultures of the Annandale area.

The [ACCA Child Development Center](#), at 7200 Columbia Pike, hosts the children's program at the Taste of Annandale.

Annandale Community Center



Braddock District Supervisor James Walkinshaw and Fairfax County's

Department of Neighborhood & Community Services celebrated the opening of the new Annandale Community Center at the Heritage Shopping Plaza on March 4, 2023. The center is located at 7861-B Heritage Dr., Annandale just behind the CVS at Heritage Shopping Plaza.

The 2,100-square-foot space will house the Boys & Girls Club of Greater Washington and provide additional programming and resources to the Annandale community.

Thank You for Your Support

We realize that much of our work would not be possible without your generous and dedicated support. We would like to let you know how much we recognize and appreciate your continuing contributions.

TSA PreCheck

Travelers can enroll in TSA PreCheck to get through airport security checkpoints faster. And it really works!!

Applicants who are approved will receive a Known Traveler Number by mail within 10 days. The Known Traveler Number is good for five years.

The in-person enrollment requires that applicants provide [proof of identity](#), [proof of citizenship](#), [fingerprints and a photo](#)

It's a great option for travelers looking to save time. Enrolled members do not need to remove shoes, laptops, 3-1-1 liquids, belts, or light jackets. They also access TSA PreCheck® dedicated screening lanes at over 200 participating U.S. airports nationwide.

For more info or to find a location close to you to <https://www.tsa.gov/travel/frequently-asked-questions/how-can-i-find-enrollment-center>.

Cars for SCAS! Donate Your Vehicle!

Help SCAS by calling 1-855-500-RIDE (7433) to pick up your car for free. All vehicle sale proceeds will benefit SCAS. Get that old car, motorcycle, boat, out of your driveway or garage, running or not.



PAT SAWHNEY
RE/MAX 100

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SEE MY VIDEO: GETMOVINGWITHPAT.COM



Newsletter by Email!

Please send us your email address so we can save paper, printing, and mailing costs. Get the news faster and in color by email.

If you do not wish to receive this newsletter, please let us know.

HERE'S WHAT PAT SAWHNEY CAN DO FOR YOU:

- GUIDE THE ORGANIZING AND RENOVATING AS NEEDED
- ADVISE ON TYPES OF HOUSING FOR DOWNSIZING
- PROVIDE UNIQUE MARKETING FOR BEST PRICE AND TERMS
- NEGOTIATE AND ADVOCATE FOR YOUR BEST INTERESTS

I HAVE OVER 45 YEARS EXPERIENCE AND AM A "SENIOR REAL ESTATE SPECIALIST" WITH MANY SATISFIED CLIENTS! I LOOK FORWARD TO WORKING WITH YOU OR THOSE WHO YOU REFER TO ME!

ECHO's Spring Yard Sale

St. Bernadette's School Gym, 7602 Old Keene Mill Road, Springfield, Saturday, April 15 from 8:00 until noon.

Come early to find the best jewelry, decorative items, baskets, electronics, fashion accessories and more! Proceeds benefit ECHO which serves people in need in Burke, Springfield and part of Alexandria. You never know what treasure you will find.

Quote of the Month:

Irish Proverb:

May you be in Heaven a half hour before the Devil knows you're dead!



7610 Newcastle Drive
Annandale, VA 22003

ADDRESS SERVICE REQUESTED

Non-Profit Org
US Postage Paid
Permit No. 7264
Merrifield, VA

Email Address:

shepherdsas@vacoxmail.com

Website:

www.shepherdscenter-annandale.org

Telephone: 703-941-1419

Visit Us on Facebook

Office hours 10-1 Mon-Fri



Proud member of the Annandale Chamber of Commerce



SCAS supports the transportation initiatives of Fairfax County's 50+ Community Action Plan. Find out more at fairfaxcounty.gov/OlderAdults.

OFFICE VOLUNTEERS/STAFF

Tony Wonkovich
Diane Levesque
Margo Bendery
Ted Gatorian

Beth Barnes

SUPPORTING CHURCHES

- Annandale United Methodist Church
- Bethlehem Lutheran Church
- Capital Baptist Church
- First Presbyterian Church of Annandale
- Grace Presbyterian Church
- Holy Spirit Catholic Church
- Hope Lutheran Church
- Little River Church of Christ
- Mount Pleasant Baptist Church
- Ravensworth Baptist Church
- Parkwood Baptist Church
- Prince of Peace Lutheran Church
- St. Alban's Episcopal Church
- St. Barnabas Episcopal Church
- St. Mark's Lutheran Church
- St. Matthews United Methodist Church
- United Baptist Church

BOARD OF DIRECTORS

- Barbara Gatorian, Chair
- Margo Bendery, Treasurer
- Dick Stewart,
- Fred Chatelain
- Dolores Vestrich,
- Nellie Al-Saigh
- Nancy DeVera, Pat Sawhney
- Tom Eversole

SUPPORTING ORGANIZATIONS

- AARP
- ACCA
- Annandale Women's Club
- Ar Rahman Foundation
- Arden Courts Memory Care Community
- Assisting Hands Home Care
- Brightview Senior Living—Woodburn
- Fairfax Agency on Aging
- NV Rides
- Right At Home
- Serving Together
- Silver Dragon Studio
- Shepherd's Center of America